



Getting the right people on board: The role of a central point-person

A central point-person is someone who can provide reliable centralized support for students who may experience an increase in symptoms during the school day or who may need to problem solve and strategize about workload and team communication. Whether it be the guidance counsellor, an administrator or a homeroom teacher, it is good to have someone who can monitor the student closely and check-in with them. Identifying a central point-person within the school for the student as part of the reintegration process is a strategy that can be very helpful. As a **Concussion Champion**, you might be that central point-person or help to identify who that person is for the student.



A central point-person:

- ☐ Meets with the student on their first day back to school from their concussion
- ☐ Connects with the student's teacher(s) on a regular basis to provide and receive updates. Communication with the student's teacher(s) may be more frequent at the beginning of the return-to-school process, with less contact needed as the student progresses
- ☐ Communicates with the student, teacher(s), families and sometimes [medical personnel](#) (where appropriate)
- ☐ Ensures conversations are started between the student and teachers regarding [supports](#) and needs
- ☐ Advocates for the student on their behalf (with other teachers, school staff, students and families)
- ☐ Helps the student self-advocate (with other teachers, school staff, students and families)



Try this

Try using this [sample email template](#) to communicate a student's concussion diagnosis and needs to other educators engaging with the student.

